



Access Guide for Lundin Lodge

This access statement does not contain personal opinions as to suitability for those with access needs, but aims to accurately describe the facilities and services that we offer all our guests/visitors.

Contents

Introduction	Page 4
Downstairs in Lundin:	Page 5
Upstairs in Lundin:	Page 5
Getting here	Page 6
<ul style="list-style-type: none">• Car• Train• Taxi (accessible)• Bus	
Services	Page 7
Parking	Page 8
Arrival	Page 9
Ground Floor	Page 10
Lodge Entrance Porch	Page 10
Lounge	Page 11
Dining Room	Page 12
Kitchen	Page 13
Bedrooms	Page 14
Wet Room and toilets	Page 15

Laundry/Utility Room	Page 16
Upper Floor	Page 16
Staircase and Landing	Page 16
Bathroom	Page 16
Upstairs Bedroom	Page 17
Garden	Page 18
Additional Information	Page 19
Local Care Providers	Page 20
Local Equipment Hire	Page 21
Shopmobility	Page 21
Local Accessible Taxis	Page 21
Local Transport	Page 21
Contact Information	Page 22

Introduction

Lundin is one of our nine self-catering lodges, opened in September 2014. Situated in the picturesque seaside village of Lundin Links, it is at the gateway to the beautiful East Neuk of Fife. The local village shops, pubs and restaurants are only a few hundred yards away (5 minutes at a slow walking pace). The lodges are also beside the local accessible play park, bowling club, and sports club/ tennis courts. Within half a mile there is a local sailing club, award winning beaches of Largo Bay and the Fife Coastal Path.

Also on site, is our community hub, the Paxton Centre.

Lundin lodge can sleep up to 8 people in 4 bedrooms. On the ground floor there is an open plan kitchen/ dining/ living area with sliding patio doors leading out onto a screened patio area and communal lawn.

Downstairs in Lundin:

- 2 accessible twin bedrooms.
- Each room has one Invacare Medley 'Ergo' electric profiling bed with Invacare Softform Premier Active 2 airflow mattress.
- There is also a comfortable single divan in each bedroom.
- Both bedrooms have full room Guldman H-frame ceiling tracking hoists (maximum weight limit 28 stone/350kg).
- Large wet room with shower, Toilet (left/right transfer) and H-frame ceiling tracking hoist (maximum weight limit 28 stone/350kg).
- Separate accessible WC (left transfer).
- Utility room with washing machine/ tumble dryer/clothes airer/ ironing facilities.
- Outside there is a patio with garden furniture.

Upstairs in Lundin:

- 2 bedrooms
- The larger one can be set up as either a twin or double.
- They both have feature windows.
- The second bedroom is a twin room.
- Bathroom - bath with a separate shower.
- Spacious landing room area where you can relax with a book, you can also easily supervise and communicate with family below in the open plan living area.

Getting here

Car

- For full details and maps of how to reach us please see please contact us or type in Homelands Trust to Google maps.
- You can plan your journey by car using a website such as www.theaa.com/route-planner. Simply enter your postcode and our postcode, which is KY8 6AT, to get directions.
- Speed bumps and a 20 mph limit have been introduced in Lundin Links.

Train

- You can plan your journey by train using the Traveline website at www.traveline.info/.
- The nearest railway is Markinch, 8 miles away. **NB** It is advisable to book a taxi in advance as there is no taxi rank at Markinch station.
- Markinch is a transport hub and there is a bus service Stagecoach X4 or No. 46 to Leven then Stagecoach No. 95 to Lundin Links.
- See www.nationalrail.co.uk/stations_destinations/MNC.aspx for station access information

Taxi (accessible)

- One2one 01333 427121
- A1 Taxis 01333 424499
- Taxi Centre Fife 01333 300300

Bus

- For full details of bus services to Lundin Links visit www.traveline.co.uk.
- The Stagecoach No. 95 bus will take you from Lundin Links to Leven (10 minutes).

- Other buses pass through the village for Kirkcaldy (X58, X62), Edinburgh (X62) and St Andrews (No. 95), details of which can be found at www.travelinescotland.com.
- The nearest bus stop is 0.3 mile away opposite the shops on Leven Road. Homelands is on Links Road, which runs on the right of the pharmacy. Follow Links Road, crossing straight over the junction with Crescent Road then Victoria Road; Homelands is on the right, opposite Golf Road.
- The main routes on pavements to and from the village centre have the kerbs lowered, were resurfaced in late 2014 and are wider.
- Some pavements in the village are narrow and uneven in places.

Services

- A local company can provide any additional mobility hire equipment on request - www.clarkmobility.co.uk/ Tel: 01333 425777.
- There is a Pharmacy, hairdresser, barber, mini-market, gift shop, cafe and a butcher/ baker on Leven Road in the centre of Lundin Links.
- The nearest Post Office is in Leven.
- The nearest supermarket is Sainsbury's in Leven, 3 miles away, and they have a delivery service. Leven also has Lidl and Aldi stores. Tesco and Asda also deliver.
- The nearest indoor shopping centre is in Glenrothes, 9 miles away or Kirkcaldy 12 miles away.
- Both towns have Shopmobility - www.fifeshopmobility.com Tel 0844 335 6414 and choose option 1 for Glenrothes, option 2 for Kirkcaldy, option 3 for Dunfermline.
- The nearest hospital with Accident and Emergency is Victoria Hospital, Hayfield Road, Kirkcaldy, KY2 5AH. It is 11 miles away.
- Blacketyside Farm Shop is under a mile outside Lundin Links, heading towards Leven. It does a range of pre-prepared microwave meals as well as other farm produce, butcher meat and has an excellent gift shop and cafe. Leven Road has a pedestrian crossing at the village shops and there is an accessible footpath/ cycle path from the village to Blacketyside.

Parking

- There is 1 accessible parking space outside each of the 8 lodges, Drummochy, Keil, Massney, Durham, Selkirk, Largo, Lundin and Emsdorf on a monobloc surface. The parking space for Cardy is opposite the lodge.
- There is also one dedicated non-accessible parking space for each lodge a short distance away.
- There is a small, angled lip of less than 2.5 cm/ 1 inch between the edge of the parking area and the monobloc nearest to the Paxton Centre reception.

Arrival

Photo: Reception at the Paxton Centre



- The key to your lodge can be located in the key safe, which is located at the front of each lodge. You will be given the combination number prior to your arrival.
- Reception is at the entrance of the Paxton Centre, which has level access.
- The front door is 107.5 cm inches wide and can be operated by an automatic press pad.
- There is an induction loop at reception.
- There is an accessible toilet plus a unisex toilet at reception.
- There are no kerbs on site and all areas are paved or tarmac.
- The outside area is well lit at night until 10pm by timer and sensor lights.
- If you are travelling by public transport and arriving on foot, there is a tarmac pedestrian path on Links Road leading to the Paxton Centre. It has a gradient of 1:20 (or 5%).
- There is also a side entrance to the grounds from Victoria Road along by the accessible play park and sports club.
- There is also access to Leven Road via a gate close to the large wooden clad storage shed.

Lodge Ground Floor

Entrance Porch

- The main access to the lodge is from the North.
- The ground is level and the door is 107cm.
- The front door leads into a porch where mobility scooters and portable hoists can be stored.
- The porch has a double charging point for a mobility scooter, or a portable hoist, if required.
- There are coat hooks.
- Evacuation assembly areas are noted in a frame in the porch.
- The entrance is well lit by timer and sensor lights, which can also be manually operated.
- The main door is manually operated.
- The porch floor covering is Karndean with a carpet rug insert at the front door.

Entrance Hall, Stairs and Landing

- The hall, stairs and landing are well lit.
- The passageway on the ground floor is 203cm.
- The floors in the downstairs living and sleeping areas are Karndean flooring.

Lounge

Photo: Lounge Looking Towards the Garden



- The open plan living area is situated on the ground floor.
- There is a door which leads on to the patio.
- There are two sofas and a coffee table.
- There is a widescreen digital television with remote control, audio description and subtitles
There is also a DVD player.
- There is a rise/recline chair.

- Main door into living area from porch - width 110 cm

- Pation door 1 width 143 cm

Patio door 2
width 93cm

- The flooring is Karndean throughout the lounge/ kitchen/ dining area and corridors.
- There is a portable flashing doorbell, with adjustable volume.
- The lighting is natural daylight through the windows and patio doors, also by ceiling lights.
- All items of furniture and soft furnishing are of a modern style and comfortable.

Dining Room

Photo: Dining Room and Kitchen



- Space between dining table legs 64 cm
- Dining table to floor 78 cm
- Table width 230 cm
- Table depth 90cm

- The dining area is situated in the open plan living area.
- There is a large dining table which can seat 8 people, with free space to move around the table.
- There are 6 slatted chairs that are padded on the seat and have no arms and 2 chairs that are padded with arms.
- The chairs can all be moved freely around the table or to the breakfast bar.

Kitchen

Photo: Kitchen



- Worktop/ sink/ hob to floor 93 cm
- Oven door handle height range 126cm
- Breakfast bar to floor 74 cm height.
Underside of breakfast bar to floor

- The kitchen is situated on the ground floor within the open plan living area.
- The door of the oven is a slide and hide.
- There is an American style fridge/ freezer.
- There is also a lowered breakfast bar.
- Glasses and crockery can be moved from the wall units to floor units. Please request this before your arrival.
- The kitchen is lit with LED light bulbs.
- The flooring is Karndean.
- A free standing dishwasher sits at floor level.

Bedrooms:

Photo: Bedrooms



Bed height from floor:

- 48cm fully lowered
- 89cm fully raised.

- Door is 110cm wide

- Patio door is 121.5cm.

- Pocket doors 139cm

- There are two accessible spacious bedrooms on the ground floor, both have access directly onto the patio through a 121.5cm doors. Both accessible bedrooms contain an Invacare Medley 'Ergo' electric profiling bed with a pressure relief 'Softform Premier Active 2' airflow mattress.
- The second accessible bedroom has sliding pocket doors to the living room.
- The other bed in both rooms is a single divan.
- Both electric profiling beds have wheels and can be moved around the room as required.
- Each room also has a Guldmann electric ceiling tracking hoist to aid transfers in any part of the room.
- You will need to inform us if you are using the ceiling hoists so we can install the spreader bars.

- Guests using the tracking hoists are required to bring their own sling and should check that it is compatible with the Guldmann H-frame ceiling hoist.
- Each bedroom has a fitted wardrobe.
- Both room have small smart TV's
- Both bedrooms have beautiful views over the garden and sea views.
- Guests are to supply their own sharps disposal and advise if oxygen is being used and delivered.

Wet Room and Toilet

Photo: Wet Room



Hand basin to floor 72.5 cm

Toilet seat to floor 49cm

Toilet bowl to floor is 46cm



- On the ground floor there is a large wet room.
- It has a toilet with transfer through the left/right side, a small wash hand basin and a level access shower, with a fold away shower seat. It also has a separate accessible bath.
- Shower/commode chairs, shower trolley and toilet seat raisers are available on request.
- There is a ceiling tracking hoist, which covers the full area of the room.
- There are horizontal and vertical grab rails around the room at the WC, sink and shower.
- There are lever taps on the wash hand basin.
- Guests are to supply their own continence products.

Accessible W/C Toilet

- There is an additional, accessible WC on the ground floor with transfer through the left side.
- It has a wash hand basin and lever taps.
- There are grab rails at the wash hand basin and WC.
- Both rooms have non-slip wet-room flooring.

Laundry/Utility Room

The utility room is located off the main living area.

- The door opening is 100cm wide.
- There is a sink, washing machine, tumble dryer, clothes airer, ironing board and iron.
- The utility room has non-slip, wet-room flooring.

Upper Floor

Staircase and Landing

- The staircase to the first floor has 14 steps with a turn on step 4.
- On the stairs and the bedrooms on the first floor there is a lovely deep pile carpet.
- There is a banister on either side of the stairs.

- On the landing there is a mezzanine room area with toughened glass sides, and a comfy armchair. It has a velux window with sea views.
- The area overlooks the open plan living area. It's a perfect place to escape, relax and read.

Bathroom

- Upstairs there is a bathroom which contains a WC, hand basin, bath and a separate shower.

Upstairs Bedrooms

Photo: Larger Upstairs Bedroom



- Upstairs there are two bedrooms, the larger of which can be made up as a double or twin.
- The large room has a feature window with sea views and one wardrobe.
- The second bedroom is a twin room and has a feature window overlooking the front of the property and one overlooking the living room. It has one wardrobe.

Photo: Small Upstairs Bedroom



Garden

Photo: South West facing gardens



- The cottage has a slabbed patio, which can be accessed from the open plan living area and the larger ground floor bedroom.
- The access is level with no steps.
- There is a garden table, which is 71cm from the ground to the underside of the table and 73cm to the top of the table, and chairs on the patio.
- The lawn area, which leads off the patio, is communal and slopes gradually.
- There are currently no paved paths on the grass in the garden.

Additional Information

- All areas of the cottage have good colour contrast between the doors, floor and walls. The walls are painted cream and the flooring and doors are beech wood.
- All our staff have completed the Visit Scotland Accessible Tourism online training as well as a course in First Aid.
- The nearest doctor's surgery is located in Leven called Scoonie Medical Practice, 2.6 miles away. Location address Victoria Road, Leven, Fife KY8 4ET. Phone: 01333 432588
- The nearest hospital with A & E facilities is Victoria Hospital, Hayfield Road, Kirkcaldy, KY2 5AH - 11 miles away in.
- Your welcome pack also contains a list of local attractions. Please refer to Euan's Guide for further attractions and accessibility information. Please contact us if you have any queries.
- Homelands has a variety of specialist equipment and assistive technology which can be placed in the lodge where required. Please contact us ahead of your stay to enquire about any additional support equipment you may require.
- We have 2 mobility scooters for hire - an Electric Mobility Rascal 388x 6mph and a Pride Colt Deluxe 6mph.

Grid Reference

Latitude: 56.212200 Longitude: 2.9568726

Local Carer Providers

- **CarePlus (Scotland) Ltd**
Tel: 01592 747527
Email: careplus@hotmail.co.uk
Website: www.careplusscotland.co.uk
- **Handy Services**
Tel: 01383 312573
Website: www.handy-services.co.uk
Email: care@handy-services.co.uk
- **Elite Care (Scotland) Ltd**
Tel: 01334 472834
Website: www.elitecarescotland.co.uk
Email: info@elitecareathome.co.uk
- **Trusted Breaks**
Culdees Avenue, Glenrothes
Call Jacqui on 01592 369818 or mobile 07981347030
- **Like2Care**
Tel: 01592 650530
Website: www.like2care.co.uk
Email: liketocare@gmail.com
- **Avenue Care Services**
Tel: 01383 326401
Website: www.avenuecareservices.co.uk
Email: enquiries@avenuecareservices.co.uk
- **Orancare Homecare Ltd**
Eden Park House, Eden Park, Cupar KY14 7DP
Website: www.orancare.com
Phone: 01334 652987
- **ACasa Care Ltd**
Linburn House
Station Road, Auchtermuchty, Cupar KY14 7DP
Website: www.acasacare.co.uk

Email: info@acasacare.co.uk

- **Gibson Training and Care**

Website: www.gibsontrainingandcare.co.uk

Email: info@gibsontrainingandcare.co.uk

Tel: 01333 429443

- **Gillian Lockhart (Companion Care)**

07788821318

Email: Gillianlockhartbusiness@gmail.com

Local Equipment Hire

- British Red Cross, St Andrews Community Hospital, KY16 8AR, 01592 770459
- C.C. Mobility, 21 High St East, Anstruther, Fife, KY10 3DQ, 01333 313932
- Clark Mobility Services, Forth Street, LEVEN, KY84PF, 01333 425777, enquiries@clarkmobility.co.uk, <http://clarkmobility.co.uk/> Fife

Shopmobility Fife

Glenrothes - Multi-storey Car Park, Kingdom Centre, Glenrothes, KY7 5NB

Tel: 0844 335 6414 • Option 1 for Glenrothes

Email: glenrothes@shopmobilityfife.uk

Kirkcaldy - Thistle Car Park, Kirkcaldy, KY1 1RQ

Tel: 0844 335 6414 • Option 2 for Kirkcaldy

Email: kirkcaldy@shopmobilityfife.uk

Dunfermline - Ground Floor, Kingsgate Shopping Centre, KY12 7QU

Tel: 0844 335 6414 • Option 3 for Dunfermline,

Email: dunfermline@shopmobilityfife.uk

Local Accessible Taxis:

- One2one 01333 427121
- A1 Taxis 01333 424499
- Taxi Centre Fife 01333 300300

Local Public Transport:

- www.travelinescotland.com

Feedback

We welcome feedback about our Access Statements and about our facilities. Often, guests do not like to comment but feedback is crucial if we are to maintain the high standard we have set.

Contact Information

- Address: Homelands Trust - Fife, The Paxton Centre, 14a Links Road, Lundin Links, Leven, Fife, KY8 6AT
- Telephone: 01333 329039
- Email: Info@homelands-fife.co.uk
- Website: www.homelands-fife.co.uk
- Facebook - www.facebook.com/HomelandsTrust
- Twitter - www.twitter.com/homelandstrust
- Instagram
- TikTok