

Access Guide for Drummochy Lodge



This access statement does not contain personal opinions as to suitability for those with access needs, but aims to accurately describe the facilities and services that we offer all our guests/visitors.

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Introduction

Drummochy is one of our four self-catering lodges which were opened in September 2014; in 2023 we were delighted of open a further five lodges in our grounds. Situated in the picturesque seaside village of Lundin Links, it is at the gateway to the beautiful East Neuk of Fife. The lodge has stunning views across Lundin Links Golf Course and Largo Bay on the Firth of Forth towards Edinburgh and East Lothian. The local village shops, pubs and restaurants are only a few hundred yards away (5 minutes at a slow walking pace). The lodges are also beside the local play park, bowling club, and sports club/ tennis courts. Within half a mile there is a local sailing club, award winning beaches of Largo Bay and the Fife Coastal Path.

Also on site, is our community hub, the Paxton Centre. You can come in for a coffee and take in the spectacular views or treat yourself to a relaxing massage or inclusive exercise classes. A volunteer run cafe operates on Mondays and Tuesday offering a reasonably priced lunch.

One of three of our largest purpose-built lodges, 'Drummochy', can sleep up to 8 people in 4 bedrooms. On the ground floor there is an open plan kitchen/ dining/ living area with double patio doors leading out onto a screened patio area and communal lawn.

Downstairs in Drummochy:

- 2 accessible twin bedrooms.
- Each room has one Invacare Medley 'Ergo' electric profiling bed.
- Larger bedroom with profiling bed and a pressure relief, Softform Premier Active 2 mattress.
- Profiling bed in the other room has an Invacare 'Softform' mattress.
- There is also a comfortable single divan in each bedroom.
- Both bedrooms have full room Guldmann H-frame ceiling tracking hoists (maximum weight limit 28 stone).
- Large wet room with shower, Clos-o-Mat (left transfer) and H-frame ceiling tracking hoist (maximum weight limit 28 stone).
- Separate accessible WC (right transfer).
- Utility room with washing machine/ tumble dryer/ pulley/ clothes airer/ ironing facilities.
- Outside there is a patio with garden furniture.

Upstairs in Drummochy:

- 2 bedrooms
- The larger one can be set up as either twin or double.
- It has a Velux balcony, which overlooks the golf course and Largo Bay on the Firth of Forth.
- The second bedroom has a single bed/ guest pull-out bed, making it a twin if required.
- Bathroom bath with over the bath shower'.
- Spacious landing/ corridor where you can relax with a book, you can also easily supervise and communicate with family below in the open plan living area.
- There are recycling facilities/refuse facilities on site.

Getting here

Car

- For full details and maps of how to reach us please see please contact us or type in Homelands Trust to Google maps.
- You can plan your journey by car using a website such as www.theaa.com/route-planner.
 Simply enter your postcode and our postcode, which is KY8 6AT, to get directions.
- Speed bumps and a 20 mph limit have been introduced in Lundin Links.

Train

- You can plan your journey by train using the Traveline website at www.traveline.info/.
- The nearest railway is Leven, 3 miles away. NB It is advisable to book a taxi in advance as there is no taxi rank at Leven station.
- See www.nationalrail.co.uk/stations_destinations/MNC.aspx for station access information

Taxi (accessible)

One2one 01333 427121

• Kings 01333 351999 (minibus)

Taxi Centre Fife 01333 300300

Bus

- For full details of bus services to Lundin Links visit www.traveline.co.uk.
- The Stagecoach No. 95 bus will take you from Lundin Links to Leven (10 minutes).
- Other buses pass through the village for Kirkcaldy (X58, X62), Edinburgh (X62) and St Andrews (No. 95), details of which can be found at www.travelinescotland.com.

- The nearest bus stop is 0.3 mile away opposite the shops on Leven Road. Homelands is on Links Road, which runs between the Post Office and the pharmacy. Follow Links Road, crossing straight over the junction with Crescent Road then Victoria Road; Homelands is on the right, opposite Golf Road.
- The main routes on pavements to and from the village centre have the kerbs lowered, were resurfaced in late 2014 and are wider.
- Some pavements in the village are narrow and uneven in places.

Services

- A local company can provide any additional mobility hire equipment on request www.clarkmobility.co.uk/ Tel: 01333 425777.
- There is a Post Office, pharmacy, hairdresser, mini-market, gift shop with cafe and a butcher/ baker on Leven Road in the centre of Lundin Links.
- There is a specialist craft shop, Very Crafty, in Lower Largo just over half a mile away.
- The nearest supermarkets are in Leven (Sainsburys, Lidl, Aldi), 3 miles away. Sainsburys has a delivery service, Tesco and Asda also deliver.
- The nearest indoor shopping centre is in Glenrothes, 9 miles away or Kirkcaldy 12 miles away.
- Both towns have Shopmobility <u>www.fifeshopmobility.com</u> Tel 0844 335 6414 and choose option 1 for Glenrothes, option 2 for Kirkcaldy, option 3 for Dunfermline.
- The nearest hospital with Accident and Emergency is Victoria Hospital, Hayfield Road, Kirkcaldy, KY2 5AH. It is 11 miles away.
- Blacketyside Farm Shop is under a mile outside Lundin Links, heading towards Leven. It does
 a range of pre-prepared microwave meals as well as other farm produce, butcher meat and
 has an excellent gift shop and cafe. Leven Road has a pedestrian crossing at the village shops
 and there is an accessible footpath/ cycle path from the village to Blacketyside.

Parking

- Each lodge has its own two parking bays; one of these (closest to the lodge) is allocated as a disabled parking bay.
- The accessible parking spaces are on a monobloc surface. The parking space for Cardy Lodge is opposite the lodge and the surface is as per the car parking spaces (below).
- The surface of the parking spaces consists of small stone aggregate secured with a flat, plastic mesh topping to create a flat, level surface.
- There is a small, angled lip of less than 2.5 cm/ 1 inch between the edge of the parking area and the monobloc.

Arrival

Photo: Reception at the Paxton Centre



- The office hours for the Paxton Centre are 10am to 4pm, Monday to Saturday.
- The key to your lodge is in a key safe by the main door of your lodge. The key safe for the older lodges (Massney, Keil, Cardy and Drummochy) are situated around the right hand side of the lodge. The key safe for the newer lodges (Durham, Selkirk, Largo, Lundin, Emsdorf) are to the left of the main door. You will be sent the code for the lodge in advance of your booking by email, on the morning of your check-in day.
- Out with office hours, the key can be located in the key safe, which is located around the right
- Reception is at the entrance of the Paxton Centre, which has level access.
- The front door is 107.5 cm/ 42.4 inches wide and can be operated by an automatic press pad.
- There is an induction loop at reception.
- There is an accessible toilet plus a male and female toilet at reception.
- There are no kerbs on site and all areas are paved or tarmac.
- The outside area is well lit at night by timer and sensor lights.
- If you are travelling by public transport and arriving on foot, there is a tarmac pedestrian path on Links Road leading to the Paxton Centre. It has a gradient of 1:20 (or 5%).
- There is also side entrance to the grounds from Victoria Road along by the play park and sports club. NB It has a hard packed dirt surface, with potholes, and changes to grass at the sports club. There is a rut immediately outside the gate.

• There is also an entrance from Leven Road, opposite the Montrave Hall. The lane opposite the hall leads to the bin store, where there is a heavy, wooden gate.

Lodge ground floor

Entrance porch

- The main access to the lodge is from the north.
- The ground is level and the door is 105cm / 41 inches wide. It has a small weather bar of 2 cm/
 0.7 inches.
- The front door leads into a spacious porch where mobility scooters and portable hoists can be stored.
- The porch has a double charging point for a mobility scooter, or a portable hoist, if required.
 Please do not leave mobility scooters or any other equipment charging overnight.
- There are coat hooks, a shoe rack and a small shelf.
- Evacuation procedure details are on the shelf.
- The entrance is well lit by timer and sensor lights, which can also be manually operated.
- The main door is manually operated.
- The porch floor covering is a short-pile carpet, with a thin entrance door mat.

Entrance hall, stairs and landing

- The hall, stairs and landing are well lit using a combination of ceiling and wall lights.
- The passageway on the ground floor is 130cm/ 51 inches wide.
- The floors in the downstairs living and sleeping areas are Junckers wooden flooring.

Lounge

Photo: Lounge looking towards the garden



- Main door into living area from porch - width 105 cm/ 4 inches
- Door width to patio 192 cm/ 75 inches

- The open plan living area is situated on the ground floor.
- There is a door which leads on to the patio.
- There are two sofas and a coffee table. There is a large rug under the coffee table, which can be removed on request.
- There is a widescreen digital television with remote control, audio description and subtitles
 There is also a DVD player.
- There is a rise/recline chair.
- The flooring is quality, Junckers wood throughout the lounge/ kitchen/ dining area and corridors.
- There is a portable flashing door bell, with adjustable volume.
- The lighting is natural daylight through the windows and patio doors, also by ceiling and wall lights at night. Blinds can be angled to reduce any glare from the sun.
- All items of furniture and soft furnishing are of a modern style and comfortable.

Dining room

Photo: Dining room and kitchen



- Space between dining table legs 101 cm/ 40 inches
- Dining table to floor 75 cm/ 29.5 inches
- Table width 95 cm/ 37.5 inches

- The dining area is situated in the open plan living area.
- There is a large dining table which can sit 8 people, with free space to move around the table.
- There are 6 chairs that are padded and have no arms and 2 chairs that are padded with arms.
- The chairs can all be moved freely around the table or to the breakfast bar.

Kitchen

Photo: Kitchen



- Worktop/ sink/ hob to floor 90 cm/ 35.5 inches
- Oven door handle height range 50-81 cm/ 19.5-32 inches
- Microwave to floor 112 cm/ 44 inches
- Breakfast bar to floor 74 cm/ 29 inches
- Ice dispenser controls to floor 116 cm/ 45.5 inches
- Fridge shelves 144cm/ 56.5 inches-30cm/ 12 inches.
- Freezer shelves144cm/ 56.5- 36cm/14 inches.
- The kitchen is situated on the ground floor within the open plan living area.
- The door of the oven is right-hand opening with a vertical-bar
- The American style fridge/ freezer contains an ice machine and filtered water.
- There is also a lowered breakfast bar.
- Glasses and crockery can be moved from the wall units to floor units. Please request this before your arrival.
- The kitchen is lit with halogen light bulbs.
- The flooring is Junckers, quality wood.
- An integrated dishwasher sits at floor level.
- The kitchen work tops are lit with LED light bulbs.

Bedrooms:

Photo: Bedroom 1



Bed height from floor:

- 48cm fully lowered
- 89cm fully raised.
- Door is 106cm wide
- Patio door is 106cm/ 41.7 inches wide.

- There are two accessible spacious bedrooms on the ground floor, one of which has access
 directly onto the patio. The slightly larger accessible bedroom contains an Invacare Medley
 'Ergo' electric profiling bed with a pressure relief 'Softform Premier Active 2' airflow mattress.
- The smaller accessible bedroom contains an Invacare Medley 'Ergo' electric profiling bed with an Invacare 'Softform' mattress.
- The other bed in both rooms is a single divan.
- Both the profiling beds have wheels and can be moved around the room as required.
- Each room also has a Guldmann electric tracking hoist to aid transfers in any part of the room.
- Guests using the tracking hoists are required to bring their own sling and should check that it is compatible with the Guldmann H-frame hoist.
- Each bedroom has a fitted wardrobe, one with a lowered hanging rail
- Both rooms have a fitted dressing shelf with mirror above.
- Both bedrooms have beautiful views over the garden and the golf course to the Firth of Forth.
- Guests are to supply their sharps disposal and advise if oxygen is being used.

Wet room and Toilet

Photo: Wet room



Hand basin to floor 78 cm/ 30.7"

Clos-o-Mat toilet seat to floor 45 cm/ 17.7" high

- On the ground floor there is a large wet room.
- It has a Clos-o-Mat toilet with transfer through the left side, a small wash hand basin and a level access shower, with a fold away shower seat. A plastic basin is also provided.
- Shower/commode chairs, shower trolley and toilet seat raisers are available on request.
- There is a tracking hoist, which covers the full area of the room.
- There are horizontal and vertical grab rails around the room at the WC, sink and shower.
- There are lever taps on the wash hand basin, which does not have a plug.
- Guests are to supply their own continence products.

Accessible w/c Toilet

- There is an additional, accessible WC on the ground floor with transfer through the right side.
- It has a wash hand basin without a plug, and lever taps.
- There are grab rails at the wash hand basin and WC.
- Both rooms have non-slip wet-room flooring.

Laundry/Utility Room

The utility room is located off the main living area.

- The door opening is 100cm wide.
- There is a sink, washing machine, tumble dryer, pulley, clothes airer, ironing board and iron.
- The utility room has non-slip, wet-room flooring.

Upper floor

Staircase and landing

- The staircase to the first floor has 14 steps with a turn halfway.
- On the stairs and the bedrooms on the first floor there is a lovely deep pile carpet.
- There is a banister on either side on the first flight, and on the right side only on the upper flight.
- On the landing there is a mezzanine corridor with toughened glass sides, and a comfy armchair.
- The corridor overlooks the open plan living area. It's a perfect place to escape, relax and read.

Bathroom

• Upstairs there is a bathroom which contains a WC, hand basin, bath and 'over the bath' shower.

Upstairs bedrooms

Photo: larger upstairs bedroom



- Upstairs there are two bedrooms, the larger of which can be made up as a double or twin.
- The larger bedroom has an additional luxury feature of a Velux balcony, which opens out to give spectacular views of Largo Bay.
- The second bedroom is smaller and has a single bed with guest pull-out bed, making it a twin room if required.

Garden

Photo: South facing gardens



- The cottage has a patio, which can be accessed from the open plan living area and the larger ground floor bedroom.
- The access is level with no steps.
- There is a garden table, which is 730 mm/ 28.7" from the ground to the underside, and chairs on the patio.
- The lawn area, which leads off the patio, is communal and slopes gradually.
- The lawn is surrounded by a dry stone dyke, which has a gap for access.
- There are two wooden benches in the garden area, allowing you to rest and enjoy the views.
- There are currently no paved paths on the grass in the garden.

Additional Information

All areas of the cottage have good colour contrast between the doors, floor and walls. The

walls are painted cream and the flooring and doors are beech wood.

Our staff have completed the Visit Scotland Accessible Tourism online training as well as a

course in First Aid.

The nearest doctor's surgery is located on Hillhead Street, Lundin Links, KY8 ^DB - ½ mile

away. Further information is provided in your welcome pack.

The nearest hospital with A&E facilities is Victoria Hospital, Hayfield Road, Kirkcaldy, KY2 5AH

- 11 miles away in.

Your welcome pack also contains a list of local attractions and access statements where

available. Please contact us if you have any gueries.

Homelands has a variety of specialist equipment and assistive technology which can be placed

in the lodge where required. Please contact us ahead of your stay to enquire about any

additional support equipment you may require.

The onsite, Paxton Centre is the perfect place to have a coffee or take part in one of the

therapies or activities which are on offer. Please note there may be additional charges for

these. Please contact us for a note of the activities/therapies available during your stay

We have 2 mobility scooters for hire - an Electric Mobility Rascal 388x 6mph and a Pride Colt

Deluxe 6mph.

Grid Reference

Latitude: 56.212200 Longitude: 2.9568726

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Local Carer Providers

• Gibson Care Agency Tel: 01333 429 443

Website: www.gtca.org.uk Email: info@gtca.org.uk

• CarePlus (Scotland) Ltd

Tel: 0844 8007769

Website: www.careplusscotland.co.uk

Email: careplus@hotmail.co.uk

Handy Services

Tel: 01333 312573

Email: care@handy-services.co.uk

Leonard Cheshire Disability

Tel: 01383 428828

Website: www.lcdisability.org
Email: info@lcdisability.org

Allied Homecare

Tel: 01383 620577

Website: www.alliedhealthcare.com

Email: dunfermline@alliedhealthcare.com

Elite Care (Scotland) Ltd

Tel: 01334 472834

Website: www.elitecarescotland.co.uk
Email: info@elitecareathome.co.uk

Like2Care

Tel: 01592 650530

Website: www.like2care.co.uk
Email: info@like2care.co.uk

Avenue Care Services

Tel: 01383 326401

Website: <u>www.avenuecareservices.co.uk</u>

Email: enquiries@avenuecareservices.co.uk

Local Equipment Hire

- British Red Cross, St Andrews Community Hospital, KY16 8AR, 01592 770459
- C.C. Mobility, 21 High St East, Anstruther, Fife, KY10 3DQ, 01333 313932
- Clark Mobility Services, Forth Street, LEVEN, KY84PF, 01333 425777, enquiries@clarkmobility.co.uk, http://clarkmobility.co.uk/ Fife

Shopmobility Fife

Glenrothes - Multi-storey Car Park, Kingdom Centre, Glenrothes, KY7 5NB

Tel: 0844 335 6414 • Option 1 for Glenrothes

Email: glenrothes@shopmobilityfife.uk

Kirkcaldy - Thistle Car Park, Kirkcaldy, KY1 1RQ

Tel: 0844 335 6414 • Option 2 for Kirkcaldy

Email: kirkcaldy@shopmobilityfife.uk

Dunfermline - Ground Floor, Kingsgate Shopping Centre, KY12 7QU

Tel: 0844 335 6414 • Option 3 for Dunfermline,

Email: dunfermline@shopmobilityfife.uk

Local Accessible Taxis:

- One2one 01333 427121
- Kings Taxis 01333 351999 (Minibus)
- Taxi Centre Fife01333 300300

Local Public Transport:

www.travelinescotland.com

Feedback

We welcome feedback about our Access Statements and about our facilities. Often, guests do not like to comment but feedback is crucial if we are to maintain the high standard we have set.

Contact Information

- Address: Homelands Trust Fife, The Paxton Centre, 14a Links Road, Lundin Links, Leven,
 Fife, KY8 6AT
- Telephone: 01333 329039
- Email: Info@homelands-fife.co.uk
- Website: <u>www.homelands-fife.co.uk</u>
- Facebook www.facebook.com/HomelandsTrust
- Instagram @homelandstrust